

KIRKLEES HEALTH & WELLBEING BOARD	
MEETING DATE:	31st January 2019
TITLE OF PAPER:	Prevention Concordat for Better Mental Health – Kirklees Council
1. Purpose of paper	<p>This paper is coming to the Board to seek senior level support and endorsement for Kirklees Council to apply to become a signatory of the Prevention Concordat for Better Mental Health.</p> <p>We would like the Board’s support and buy-in for the development of local actions to support the prevention of mental health and better mental health for all.</p> <p>(Please see attached application ‘Prevention Concordat for Better Mental Health: information required from signatories to the Consensus Statement’ for further detail).</p>
2. Background	<p>Public Health England (PHE), the Local Government Association and NHS England, have led on establishing the Prevention Concordat for Better Mental Health, as set out in the Five Year Forward View for Mental Health, recommendation number 2. The purpose of signing the Concordat is part of a wider drive to secure an increase in the implementation of public mental health approaches and to build local momentum to support prevention of mental health problems and promote good mental health for all.</p> <p>The Prevention Concordat for Better Mental Health is underpinned by an understanding that taking a prevention-focused approach to improving the public’s mental health is shown to make a valuable contribution to achieving a fairer and more equitable society. The Concordat promotes evidence based planning and commissioning to increase the impact on reducing health inequalities. The sustainability and cost effectiveness of this approach will be enhanced by the inclusion of action that impacts on the wider determinants of mental health and wellbeing, some of which we are already doing.</p>
3. Proposal	<p>Signing the Prevention Concordat for Better Mental Health links to the Kirklees Health and Wellbeing Plan, by contributing to the following priority impact areas:</p> <ul style="list-style-type: none"> • Increase the proportion of people who feel connected to their communities, reducing the proportion of people who feel lonely or socially isolated and reducing the prevalence of mental health conditions amongst our population. • Increase the proportion of people who feel in control of their own health and wellbeing. • Narrow the gap in healthy life expectancy between our most and least deprived communities. <p>The Concordat for Better Mental Health will also contribute to achieving the objectives outlined within the Living Well section of the Health and Wellbeing plan;</p> <ul style="list-style-type: none"> • Increase opportunities to live well – access to green space and opportunities to exercise

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- Increase numbers of people who feel connected to their communities, with a focus on those most vulnerable:
- younger people, older people, people with mental health conditions, and carers who may be socially isolated
- Champion better public mental health and tackle stigma

Once the application to become a signatory has been approved, Kirklees Council (Public Health), along with partners and stakeholders, will develop the actions to work on within the next 12 months, under the following areas as suggested by PHE:

- 1) Leadership and Direction
- 2) Understanding local needs and assets
- 3) Working Together
- 4) Taking action
- 5) Defining success

We already have strands of work that will contribute to better mental health, as outlined in the attached paper (e.g. Wellness service, Community Plus, Community Hubs and the Loneliness agenda) and therefore have assets within our community that we can build upon and/or modify to strengthen the prevention for mental health approach. Additionally, there are 9 Primary Care Networks under development in Kirklees, which will work alongside the community hubs to deliver care to individuals and communities – including enhanced support from mental health. In addition, we are exploring the development of a mental health alliance for Kirklees – bringing together commissioners and providers to work alongside each other to improve mental health outcomes for the population.

4. Financial Implications

There are no financial implications at this stage, although part of the rationale to signing up to the prevention concordat, is to try and raise the profile of prevention and the evidence based prevention activities that we can deliver. Therefore, we use this as an opportunity to seek funding (once defined actions are developed), for prevention of mental health problems and better mental health for all in Kirklees.

5. Sign off

Rachel Spencer- Henshall – 21st January 2019

6. Next Steps

The application to become a signatory of the prevention concordat will be submitted to PHE by 1st March 2019, where a panel will review and approve the application within one month of submission date. With relevant partners, we will then work up the areas of local commitment to turn the commitment into actions.

7. Recommendations

- The Board endorse Kirklees applying to become a signatory of the Mental Health Prevention Concordat

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- The Board help to identify key stakeholders to help develop and implement the local action plan

8. Contact Officer

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